

Continuing Education

The WPUNJ Professional Counseling Program offers complimentary continuing education sessions for practicum and internship supervisors. Information about these sessions, as well as registration, is emailed directly to our supervisors.



William Paterson University-Department of Special Education and Counseling has been approved by the NBCC as an Approved Continuing Education Provider, ACEP No. 3064. Programs that do not qualify for NBCC credit are clearly identified. William Paterson University-Department of Special Education and Counseling is solely responsible for all aspects of the program.

Past Events

2024

Title: Application of Psychodynamic Principles and Practice: Modern Approaches to Enhance Supervision with Professional Counselors

Date: February 20th, 2024 at 5:00pm

NBCC Credit Hours: 1

Presenter: Tim VanderGast, PhD., LPC, ACS, RPTS

Description: Historically, Sigmund Freud was the undeniable pioneer in the field of applied psychology and professional counseling. Many professionals view his theories and concepts as abstract and not valid. However, in many areas Freud was correct and responsible for many of the same concepts and practices used today in the field, including supervision. Psychoanalysis is practiced internationally as an evidenced based practice. This includes a resurgence of theory and practice in the United States. Effective modern analytic concepts and psychodynamic principles are applied in clinical mental health settings, professional school counseling, and supervision in many specialty areas. Sample topics for this one hour, NBCC approved workshop include: the supervision frame, modeling, supervisor self-disclosure, transference, and resistance.

2023

Title: Self-Disclosure in Professional Counseling and Supervision

Date: January 10th, 2023 at 4:30pm

NBCC Credit Hours: 1

Presenter: Tim VanderGast, PhD., LPC, ACS, RPTS

Description: Self-disclosure in the help field is a very interesting and important topic. Graduate training programs may introduce and offer suggestions for clinical mental health and professional school counselors. There is a lot more to learn and discuss. This workshop will examine such questions: As supervisors, how do we address this topic with interns and supervisees. Would our supervision sessions be different for school counselors vs. clinical mental health? Finally, should we model self-disclosure or not as supervisors? The focus of the workshop will be sharing ideas and experiences on self-disclosure for all participants.

2022

Title: Ethical Concerns for Supervisors

Date: January 18, 2022

NBCC Credit Hours: 1

Presenters: Paula R. Danzinger, PhD., LPC, CCMHC, ACS, BC-TMH

Description: Doing supervision is rewarding and is a way to give back to the profession. Unfortunately, supervision also brings ethical concerns beyond those of the counselor's daily work. Using case study and group discussion, this workshop will present ethical dilemmas from the perspective of the supervisor.

2021

Title: You Can't Light a Candle Without a Flame: Self-Care for the Supervisor

Date: January 19th, 2021 at 4:30pm

NBCC Credit Hours: 1

Presenters: Michelle Hinkle, PhD, LPC, ACS & Meredith Drew, PhD, LPC, NCC, ACS

Description: During supervision we strive to meet the needs of supervisees but often forget our own emotional, physical, and mental health. The purpose of this presentation is to discuss the importance and benefits of supervisor self-care as it relates to professional identity, as well as counselor and supervision competence. Attendees will learn differences between, signs of, and protective factors against burnout and compassion fatigue. Presenters will share and demonstrate specific self-care strategies that supervisors can use for themselves, and eventually share with supervisees to promote counselor wellness.